

S.O.A.P.

Bible Study Method

S – SCRIPTURE

Begin by selecting ***a specific Scripture*** to study.

This could be part of your Bible reading plan, a topic you want to study, or select a random scripture to explore.

Best Practices: Write out the verse word-for-word in your journal. This may help jump start your key word or reflection process.

O – OBSERVATION

Observation is where you ask your ***“questions for understanding.”*** Try to select one or two questions you can meditate on during study time. For example: What stands out in this Scripture to me?

Best Practices: Keep it simple and try not to be too technical at this point. As you become more familiar with Bible study methods you will be able to go deeper.

A – APPLICATION

Application is ***the bridge*** between Scripture reading, understanding and how it applies to life today. Ask yourself:

- How does this apply to me today?
- What change can I make to help me apply this Scripture to my life?
- What is God asking me to do as it applies to this Scripture?

Best Practices: Listen to your heart as it relates to application do your best not to copy others. This is a personal journey.

P – PRAYER

This is ***your time with God the Father*** and the point of any Bible study. Talk to Him about anything. Prayer is a partnership with God and you should feel free to ask Him for help and how to apply Scripture to your life.

Best Practices: Don't place yourself in a box when it comes to where when and how you spend time praying. Short or long God hears!